



# Scripture for the Occasion

LifeCare Memos<sup>®</sup> Messages of Compassion

At different times and various occasions, in years of ministry and the living of life itself, many portions of Scripture have come to be especially meaningful to me.

## ***Psalms***

The Book of Psalms reflects human emotions in relation to faith in **GOD**. For example, in times past, I felt closer to **GOD** when I would read Psalm 121.

*“I lift up my eyes to the hills— where does my help come from? My help comes from the **LORD**, the Maker of heaven and earth” (verses 1-2).*

When I was married, and after we had three sons, Psalm 127 became much more personal to me.

*“Unless the **LORD** builds the house, its builders labor in vain. Unless the **LORD** watches over the city, the watchmen stand guard in vain. In vain you rise early and stay up late, toiling for food to eat—for He grants sleep to those He loves” (verses 1-2).*

Facing hard times in losing a job or when my mother and father passed away, I found comfort in many places, including Psalm 46.

*“**GOD** is our refuge and strength, an ever-present help in trouble” (verse 1).*

Psalm 126 has also become a source of great comfort over the years.

*“The **LORD** has done great things for us, and we are filled with joy. Those who sow in tears will reap with songs of joy. He who goes weeping, carrying seed to sow, will return with songs of joy, carrying sheaves with him” (verses 3, 5-6).*

In the Psalms we observe joy and exaltation, as well as sorrow and grief. The writers lived life, just as we do. Whatever your situation, as you allow the words of **GOD**'s Holy Word to speak truth and hope into your life, you will find deeper faith in God as these writers did.

## ***Various Occasions***

Check out some of these Scripture selections according to the various occasions in which you find yourself. As you read, think about being comforted by **GOD** and you will discover that you will draw closer to Him.

## **Sorrow**

- Psalm 102:1-12 – **LORD**, do not hide your face
- Psalm 130:1-8 – A cry from the depths
- Psalm 142:1-7 – I cry out to you

## **Comfort and peace**

- Psalm 23:1-6 – The **LORD** is my shepherd
- Psalm 84:1-12 – **GOD**'s dwelling place, turning tears to blessings
- Psalm 126:1-6 – Sow in tears, reap in joy
- Psalm 131:1-3 – Soul quieted

## **Presence of GOD**

- Psalm 27:1, 4-5, 7-8 – Light and salvation; dwell in house of the **LORD**, seek His face
- Psalm 71:1-3, 9, 14-21 – Do not forsake me in my old age
- Psalm 121:1-8 – My help comes from **GOD**
- Psalm 139:1-16, 23-24 – You made me, you know me

## **Hope**

- Psalm 16:1-11 – **GOD** is good, He is what I want
- Psalm 42:1-5, 8, 11 – As a deer pants for water, so I will hope in **GOD**
- Psalm 46:1-4, 7, **10-11** – Be still, and know that I am **GOD**;

## **Help, Deliverance**

- Psalm 18:1-6, 25-33 – He is my Rock, faithful and pure, a deer on the heights
- Psalm 61:1-4 – Hear me, my rock and tower
- Psalm 103:1-22 – The Lord redeems, loves us; east from west
- Psalm 116:1-9, 15 – **GOD** heard me and kept me; precious is the death of His saints

## **Forgiveness**

- Psalm 25:1-11, 20 – No shame, but instead truth, mercy, love
- Psalm 32:1-7 – Blessed is **GOD**, who forgives sin
- Psalm 51:1-6, 10-12, 17 – Have mercy; forgive sin; truth; clean spirit, contrite heart

## **Thanksgiving**

- Psalm 145:1-9, 13-18 – Awesome, loving, satisfies
- Psalm 147:1-11 – **GOD** sustains us
- Psalm 150:1-6 – Everything that has breath praise **GOD**

## Other Passages

Here are some other Scriptural passages that are frequently used for strength and comfort. By spending time with these verses, you may find help at significant times in your life. They are God's words to you.

### During Rough Times

- Genesis 50:19-20 – **GOD** used it for good
- Isaiah 41:13 – The **LORD** holds your hand
- Lamentations 3:22-24 – **GOD's** love and mercy never end, every morning they are renewed
- Ecclesiastes 3:1-8, 11 – A time for everything
- Hosea 6:1-2 – Return to the **LORD** that He may heal and revive us
- Romans 8:28-30 – All works for good to help us become like **GOD's** Son

### In the Presence of Death

- Job 1:21 – The **LORD** gives and the **LORD** takes away
- Job 19:25 – My Redeemer lives
- John 11:25-26 – Jesus is the resurrection and the life
- John 14:1-3 – I go to prepare a place for you in my Father's house, that we may be together
- I Corinthians 15:54-55 – Death is swallowed up in victory; O death, where is your sting?
- I Thessalonians 4:13-18 – We do not grieve without hope
- Revelation 21:1-4 – A new heaven and a new earth; death and pain are no more.
- Revelation 22:1-5 – Forever with **GOD**

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## LifeCare Memos®

When experiencing the stresses of life, people need support. The Psalmist needed that support and found it when he turned to **GOD**. He said, *"Look to my right and see; no one is concerned for me. I have no refuge; no one cares for my life. I cry to You, O **LORD**; I say, 'You are my refuge, my portion in the land of the living'"* (Psalm 142:4-5).

**LifeCare Memos** are designed as messages of compassion that integrate biblical guidelines for emotional and spiritual well-being. Topics focus on various life-care issues and address them from the perspective of Scripture.